

Cafeteria Menu (w. e. f. - 01 November 2017)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	<i>Morning Cereals (6:50 - 7:10 AM)</i>						
<i>Cereal</i>	Milk	Rusk + Milk	Porridge	Milk + Corn Flakes	Rusk + Milk	Milk + Corn Flakes	-----
	<i>Midday Snacks (10:15 - 10:40 AM)</i>						
<i>Veg.</i>	Grilled Sandwich	Vermi Celli/ Macaroni	Aloo Paratha with Curd	Footlong / Pav Bhaji	Toast, Jam, butter Scrambled cottage cheese (Paneer)	Bread, Butter, Jam, and Cutlet	Maggi
<i>Non Veg.</i>	-	-	-	-	Omelette / Bhujji	Boiled Egg	
Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	-----	Fruit
	<i>Lunch (2:30 - 3:00 PM)</i>						
<i>Bread/Cereal</i>	Rice, Roti	Rice /Palak Roti	Rice and Roti	Bhature	Rice, Missi Roti	Puri, Rice	Tandoori Stuff Nann, Rice/Fried Rice
<i>Lentils/protein</i>	Kadhi Pakoda	Rajma	Yellow Dal	Chick Peas Curry (Choley)	Dal	Potato Curry (Aloo Korma), Korean Dish	Curd Pickle
<i>Greens/Veggie</i>	Se same potato, Scrambled Egg	Aubergine Vegetable	Aloo Gobhi	Curd	Veg. Palak Bhujji		-----
<i>Accompaniments</i>	Kuchumber Salad	Peanut Salad	Mix Salad	Onion Salad	Salad	Salad	-
	<i>Refreshment (5:00 - 5:30 PM)</i>						
	Tea + Cookies	Bhelpuri	Veg. Kabab	Tomato Soup	Samosa	Fruit	French Fries
	<i>Dinner (8:30 - 9:00 PM)</i>						
<i>Bread/Cereal</i>	Rice, Roti	Rice	Veg noodle, Fried Rice	Rice & Chapati	Chicken Biryani	Rice, Roti	Rice
<i>Lentils/protein</i>	Lentil (Yellow Dal)	Aloo Tikki (with chutney and curd)	Chilly chicken / Khowsuey	Soya Chunk (Paneer) Curry	Veg Biryani	Lentil (Dal Makhni)	Chicken Curry
<i>Greens/Veggie</i>	Mix Vegetable		Chilly Paneer / Manchurian	Egg Curry	-	Soya Granule	Cottage Cheese (Paneer) Butter Masala
<i>Accompaniments</i>					Chutney		
<i>Sweet Dish</i>	Hot Milk	Sweet	Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk