

Cafeteria Menu (w. e. f. - 21 August 2018)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	<i>Morning Cereals (7:00 - 7:15 AM)</i>						
<i>Cereal</i>	Milk + Banana	Milk + Corn Flakes	Porridge + Milk	Milk	Milk + Corn Flakes	Milk + Corn Flakes	-----
	<i>Breakfast (10:15 - 10:40 AM)</i>						
<i>Veg.</i>	Bread Toast Butter Jam Cutlet	Stuff Footlong with French Fry Cheese and Mayo / Pav Bhaji	Vermicelli / Pasta	Idly Sambar Chutney	Aloo Parantha, Butter, Chutney	Toast, Jam, butter French Fry	Maggi
<i>Non Veg.</i>	Omelette	-	-	-	-	Boiled Egg	
Fruit			Squash		Fruit		Fruit
	<i>Lunch (1:25 - 3:00 PM)</i>						
<i>Bread/Cereal</i>	Rice, Roti	Rice	Rice and Roti	Bhature	Rice	Namkeen Rice, Tandoori Stuff Naan	Lemon Rice, Dosa
<i>Lentils/protein</i>	Kadhi Pakoda	Rajma	Kofta Curry	Chick Peas Curry (Choley)	Dal	Aloo Curry	Sambar
<i>Greens/Veggie</i>	Se same potato	Aubergine Vegetable		Lassi	Seasonal Veg.		-----
<i>Accompaniments</i>	Kuchumber Salad	Peanut Salad	Mix Salad	Onion Salad	Salad	Lassi	Chutney
	<i>Evening Snacks (6:15 - 6:30 PM)</i>						
	Aloo Bonda	French Fries + Rooh Afza	Onion Pakora	Mathri	Cookies	Samosa	Chana Chat
	<i>Dinner (8:30 - 9:30 PM)</i>						
<i>Bread/Cereal</i>	Rice and Roti	Jeera Rice	Veg noodle, Fried Rice	Rice & Chapati	Rice & Chapati	Pasta Khichri	Rice
<i>Lentils/protein</i>	Yellow Dal	Tandoori Lachchha Paratha	Chilly chicken / Khowsuey	Yellow Dal	Egg Curry		Chicken Curry
<i>Greens/Veggie</i>	Bottle Gourd	Dal Makhani	Chilly Paneer / Manchurian	Masala Bhindi	Mutter Paneer		Cottage Cheese (Paneer) Butter Masala
<i>Accompaniments</i>		Cucumber Raita				Papad	
<i>Sweet Dish</i>	Kheer	Fruit	Fruit	Mango	Fruit Custard	Fruit	Sewai